

MUSA Quick Rule Sheet

Age Group	U-5	U-6	U-7	U-8	U-9
Game Duration	4x6min. Qtrs.	4x8min. Qtrs.	4x10min. Qtrs.	4x12min. Qtrs.	2x25min. Halves
# of Players	3 v.3	3 v.3	4 v. 4	5 v. 5	6 v. 6
Min. # of players fielded	3 v.3	3 v.3	3 v.3	4 v. 4	5 v. 5
Goalkeepers?	No	No	No	Yes	Yes
Keep Score?	No	No	No	Yes	Yes
Off-Side?	No	No	No	No	FIFA
Free Kicks	Direct Only	Direct Only	Direct Only	Direct Only	FIFA
Penalty Kicks	None	None	None	None	FIFA
Throw-ins	FIFA	FIFA	FIFA	FIFA	FIFA
Goal Kicks	FIFA	FIFA	FIFA	FIFA	FIFA
Corner Kicks	FIFA	FIFA	FIFA	FIFA	FIFA
Distance?	3 yds.	3 yds.	5 yds.	5 yds.	8 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	Kick Off	Kick Off	Kick Off	Kick Off	XXX
Substitutions- #of times	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited
Substitution Opportunities	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.	5 min.	5 min.	5 min.
Ball Size	3	3	3	3	4
Cautions/Ejections	No	No	FIFA	FIFA	FIFA

MUSA Quick Rule Sheet

Age Group	U-10	U-11	U-12	U-13	U-14
Game Duration	2x25min. Halves	2x30min. Halves	2x30min. Halves	2x35min. Halves	2x35min. Halves
# of Players	6 v. 6	8 v. 8	8 v. 8	11 v.11	11 v.11
Min. # of players fielded	5 v. 5	7 v. 7	7 v. 7	7 v. 7	7 v. 7
Goalkeepers?	Yes	Yes	Yes	Yes	Yes
Keep Score?	Yes	Yes	Yes	Yes	Yes
Off-Side?	FIFA*	FIFA	FIFA	FIFA	FIFA
Free Kicks	FIFA	FIFA	FIFA	FIFA	FIFA
Penalty Kicks	FIFA	FIFA	FIFA	FIFA	FIFA
Throw-ins	FIFA	FIFA	FIFA	FIFA	FIFA
Goal Kicks	FIFA	FIFA	FIFA	FIFA	FIFA
Corner Kicks	FIFA	FIFA	FIFA	FIFA	FIFA
Distance?	8 yds.	10 yds.	10 yds.	10 yds.	10 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	XXX	XXX	XXX	XXX	XXX
Substitutions- #of times	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited
Substitution Opportunities	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.	5 min.	5 min.	5 min.
Ball Size	4	4	4	5	5
Cautions/Ejections	FIFA	FIFA	FIFA	FIFA	FIFA

MUSA Quick Rule Sheet

Age Group	U-15	U-16	U-17	U-18
Game Duration	2x40min. Halves	2x40min. Halves	2x45min. Halves	2x45min. Halves
# of Players	11 v.11	11 v.11	11 v.11	11 v.11
Min. # of players fielded	7 v. 7	7 v. 7	7 v. 7	7 v. 7
Goalkeepers?	Yes	Yes	Yes	Yes
Keep Score?	Yes	Yes	Yes	Yes
Off-Side?	FIFA	FIFA	FIFA	FIFA
Free Kicks	FIFA	FIFA	FIFA	FIFA
Penalty Kicks	FIFA	FIFA	FIFA	FIFA
Throw-ins	FIFA	FIFA	FIFA	FIFA
Goal Kicks	FIFA	FIFA	FIFA	FIFA
Corner Kicks	FIFA	FIFA	FIFA	FIFA
Distance?	10 yds.	10 yds.	10 yds.	10 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	XXX	XXX	XXX	XXX
Substitutions- #of times	Unlimited	Unlimited	Unlimited	Unlimited
Substitution Opportunities	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.	5 min.	5 min.
Ball Size	5	5	5	5
Cautions/Ejections	FIFA	FIFA	FIFA	FIFA

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Age Group	U- 5	U-6	U-7
Game Duration	4x6min. Qtrs.	4x8min. Qtrs.	4x10min. Qtrs.
# of Players	3 v.3	3 v.3	4 v. 4
Min. # of players fielded	3 v.3	3 v.3	3 v.3
Goalkeepers?	No	No	No
Keep Score?	No	No	No
Off-Side?	No	No	No
Free Kicks	Direct Only	Direct Only	Direct Only
Penalty Kicks	None	None	None
Throw-ins	FIFA	FIFA	FIFA
Goal Kicks	FIFA	FIFA	FIFA
Corner Kicks	FIFA	FIFA	FIFA
Distance?	3 yds.	3 yds.	5 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	Kick Off	Kick Off	Kick Off
Substitutions- #of times	Unlimited	Unlimited	Unlimited
Substitution Opportunities	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.	5 min.
Ball Size	3	3	3
Cautions/Ejections	No	No	FIFA

Age Group	U-8	U-9	U-10
Game Duration	4x12min. Qtrs.	2x25min. Halves	2x25min. Halves
# of Players	5 v. 5	6 v. 6	6 v. 6
Min. # of players fielded	4 v. 4	5 v. 5	5 v. 5
Goalkeepers?	Yes	Yes	Yes
Keep Score?	Yes	Yes	Yes
Off-Side?	No	FIFA	FIFA*
Free Kicks	Direct Only	FIFA	FIFA
Penalty Kicks	None	FIFA	FIFA
Throw-ins	FIFA	FIFA	FIFA
Goal Kicks	FIFA	FIFA	FIFA
Corner Kicks	FIFA	FIFA	FIFA
Distance?	5 yds.	8 yds.	8 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	Kick Off	XXX	XXX
Substitutions- #of times	Unlimited	Unlimited	Unlimited
Substitution Opportunities	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury	Either teams- Throw-ins, Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.	5 min.
Ball Size	3	4	4
Cautions/Ejections	FIFA	FIFA	FIFA

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Age Group	U-11	U-12	U-13
Game Duration	2x30min. Halves	2x30min. Halves	2x35min. Halves
# of Players	8 v. 8	8 v. 8	11 v.11
Min. # of players fielded	7 v. 7	7 v. 7	7 v. 7
Goalkeepers?	Yes	Yes	Yes
Keep Score?	Yes	Yes	Yes
Off-Side?	FIFA	FIFA	FIFA
Free Kicks	FIFA	FIFA	FIFA
Penalty Kicks	FIFA	FIFA	FIFA
Throw-ins	FIFA	FIFA	FIFA
Goal Kicks	FIFA	FIFA	FIFA
Corner Kicks	FIFA	FIFA	FIFA
Distance?	10 yds.	10 yds.	10 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	XXX	XXX	XXX
Substitutions- #of times	Unlimited	Unlimited	Unlimited
Substitution Opportunities	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.	5 min.
Ball Size	4	4	5
Cautions/Ejections	FIFA	FIFA	FIFA

Age Group	U-14	U-15	U-16
Game Duration	2x35min. Halves	2x40min. Halves	2x40min. Halves
# of Players	11 v.11	11 v.11	11 v.11
Min. # of players fielded	7 v. 7	7 v. 7	7 v. 7
Goalkeepers?	Yes	Yes	Yes
Keep Score?	Yes	Yes	Yes
Off-Side?	FIFA	FIFA	FIFA
Free Kicks	FIFA	FIFA	FIFA
Penalty Kicks	FIFA	FIFA	FIFA
Throw-ins	FIFA	FIFA	FIFA
Goal Kicks	FIFA	FIFA	FIFA
Corner Kicks	FIFA	FIFA	FIFA
Distance?	10 yds.	10 yds.	10 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	XXX	XXX	XXX
Substitutions- #of times	Unlimited	Unlimited	Unlimited
Substitution Opportunities	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.	5 min.
Ball Size	5	5	5
Cautions/Ejections	FIFA	FIFA	FIFA

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08/28/2006

Age Group	U-17	U-18
Game Duration	2x45min. Halves	2x45min. Halves
# of Players	11 v.11	11 v.11
Min. # of players fielded	7 v. 7	7 v. 7
Goalkeepers?	Yes	Yes
Keep Score?	Yes	Yes
Off-Side?	FIFA	FIFA
Free Kicks	FIFA	FIFA
Penalty Kicks	FIFA	FIFA
Throw-ins	FIFA	FIFA
Goal Kicks	FIFA	FIFA
Corner Kicks	FIFA	FIFA
Distance?	10 yds.	10 yds.
Coin Toss	Winner picks their Defensive end Loser gets Kick-Off	Winner picks their Defensive end Loser gets Kick-Off
Half Start of Play	Kick-Off- Teams switch ends	Kick-Off- Teams switch ends
Qtr. Start of Play	XXX	XXX
Substitutions- #of times	Unlimited	Unlimited
Substitution Opportunities	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury	Your teams Throw-in, or Either teams- Goal Kicks, Kick-Offs or stoppage due to injury
Substitution Field Entry Point	1 yard outside field at mid line	1 yard outside field at mid line
Break Length	5 min.	5 min.
Ball Size	5	5
Cautions/Ejections	FIFA	FIFA

Age Group
Game Duration
of Players
Min. # of players fielded
Goalkeepers?
Keep Score?
Off-Side?
Free Kicks
Penalty Kicks
Throw-ins
Goal Kicks
Corner Kicks
Distance?
Coin Toss
Half Start of Play
Qtr. Start of Play
Substitutions- #of times
Substitution Opportunities
Substitution Field Entry Point
Break Length
Ball Size
Cautions/Ejections